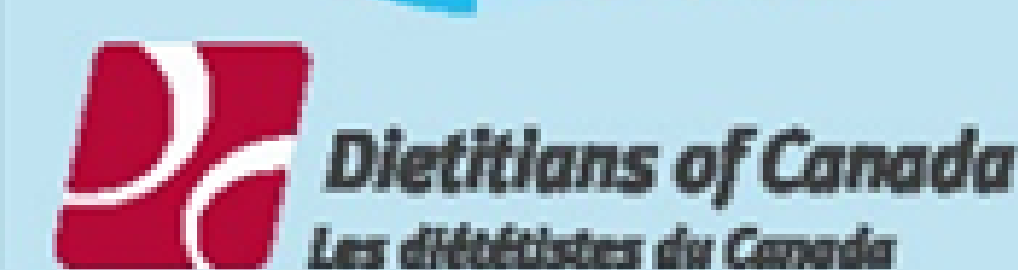


APRIL 30, 2026 | TORONTO

# HALF YOUR PLATE SYMPOSIUM

FOR HEALTH PROFESSIONALS



## Agenda



**Metro Toronto Convention Centre (South Building), Room 801**  
222 Bremmer Boulevard, Toronto, M5V 3L9

Time	Session	Location
8:00 am - 8:30 am	Registration & Pick Up Badge	Level 600
8:00 am - 8:30 am	Coffee, tea, and light snacks Nutrition booths	Room 801
8:30 am - 8:40 am	Opening Remarks	Room 801
8:40 am - 9:00 am	Understanding Produce Shoppers with <i>Half Your Plate</i>	Room 801
9:00 am - 9:30 am	Grown Here, Sourced There: An Overview of the Canadian Produce Marketplace <i>Greg Palmer, VP of Trade &amp; Development, CPMA</i>	Room 801
9:30 am - 10:30 am	Fruits & Vegetables as Longevity Superfoods: An All-Angles Exploration <i>Andy De Santis, RD, MPH, Author</i>	Room 801
10:30 am - 10:50 am	Break and Nutrition Booths	Room 801
10:50 am - 11:50 am	Enjoying Seasonal Produce with Less Waste and More Confidence <i>Getty Stewart, PHEc, Food Educator, Author</i>	Room 801
11:50 am - 12:50 pm	Lunch and Nutrition Booths	Room 801
12:50 pm - 1:50 pm	From Farm to Fork: Navigating Challenges, Sustainability, and Innovation in Canada's Produce Industry <i>Moderator: Sue Mah, MHSc, RD, PHEc, FDC</i> <i>Produce Industry Panel</i>	Room 801
1:50 pm - 2:00 pm	CPMA Tradeshow Introduction	Room 801
2:00 pm - 4:30 pm	CPMA Tradeshow Explore at your own leisure with passport	Hall D/E/F